

Potential Actionable ideas –Some worthwhile ideas from articles collected so far:

LA County - The United Against Hate Week from Nov. 30 to Dec. 6 amplifies the LA vs Hate initiative, which encourages Los Angeles County residents to be vigilant and report acts of hate through its website or by calling the 211 hotline. By going to the county's website (LAvsHate.org) or by **calling the 24-hour 211 line**, LA County residents can report a hate incident, "which includes any act of verbal or physical aggression, refusal of service, bullying, or intimidation of any kind that is motivated by hostile prejudice." They can also find a network of agencies to assist victims and develop prevention strategies, and get access to materials to promote the week of awareness and a lineup of special virtual events happening.

The Sonoma **County Human Rights Commission** has launched its Visibility Project after months of intensive development. The Sonoma County Human Rights Visibility project is a user-friendly survey offered in Amharic, Arabic, Armenian, Chinese, English, Filipino, Hindi, Japanese, Khmer, Korean, Lao, Nepali, Persian, Somali, Spanish, Thai, Tigrinya, and Vietnamese. Residents can report human rights incidents in sixteen different areas and subtopics such as Education, Health Care, Law Enforcement, Immigration, Disability Rights, Homelessness, Housing, Labor, LGBTQ+ Rights, Racism and others. The survey was designed by the Commission with input from community partner organizations and public engagement through meetings.<https://www.sonomacountygazette.com/sonoma-county-news/sonoma-county-human-rights-visibility-project-seeks-to-shine-light-where-it/>

Sonoma County Human Rights Visibility Project Video: <https://youtu.be/-moltUzysk>

Speak Up and Speak Out

[Asian Americans Advancing Justice](#) (AAJC) has created the [Stand Against Hatred](#) platform to empower Asian and Asian Americans to share their stories and "document hate" as a way to educate and inform. The "Stand Against Hatred" platform "documents that this is real. It documents where that has happened."

Teach and Train

Hollaback, a website that fights harassment, is partnering with AAJC to launch free [bystander intervention training](#). "We are launching these trainings in partnership with them (AAJC) really to help folks who are witnessing anti-Asian, anti-Asian American harassment and be equipped to safely respond," Emily May of Hollaback explains. The one-hour intensive class explores the "spectrum of disrespect" from microaggressions to violence. The training teaches how to safely intervene when witnessing anti-Asian racism whether online or in person. It also allows for practice through real-world scenarios. The virtual events are free of charge, but registration is required.

Racism Attacks the Mind

Asian and Asian American clients are under a lot of distress as a result of the recent attacks. Although the need is great, "Asian Americans tend to underutilize mental health services more than other groups do. According to the [National Alliance on Mental Illness \(NAMI\)](#), members of the AAPI community are the least likely to seek help of any racial group.

Protect AAPI Elders

Safety for elderly family members, many of whom do not speak English as a first language, is a major worry. In response, activists in California's Bay Area created [Compassion in Oakland](#) to accompany elderly Asian men and women who may feel unsafe outdoors.

Raise funds to empower AAPI individuals and businesses

There are numerous grassroots crowdfunding sites raising funds for specific anti-xenophobia causes. You can also set one up for [your own community](#). "What GoFundMe does best is enabling people to take action on the causes that matter most to them, in real time," says Musa Tariq of GoFundMe. "The community the #StopAsianHate initiative has created is remarkable -- people are sharing their personal experiences with racism and calling on others to help."

In a **study now underway at NYU Steinhardt**, assessing how Asian Americans are responding to the confluence of the COVID-19 pandemic, which has fueled anti-Asian discrimination and violence, and the widescale protests against structural racism and anti-Black racism in particular following the murder of George Floyd by Minneapolis police officers. Titled "Asian American Identity, Resilience, and Civic Responsibility: Responding to COVID-19 and the Black Lives Matter Movement," the project is being funded by a Seed Fund grant from NYU Silver's Office for Research.

"This study is a timely assessment of how Asian Americans are responding to this unprecedented moment in our nation's history," said Dr. Chang. "We argue that these crises, each exposing the cruel nature of structural racism in U.S. society, have shaken Asian Americans' worldviews and prompted questions about identity, belonging, and civic responsibility. Drawing on theories of racial trauma, racial/cultural identity, critical consciousness, and collective action, we propose that in response to race-related traumas, **Asian American well-being is strengthened through the development of critical consciousness and civic engagement in various forms, paired with a strong collective racial identity and culturally meaningful self-care activities to promote racial healing.**"

Dr. Chang explained that this study fills a significant gap in the research. "Past research on racial trauma has tended to focus on Black Americans," she said. "Empirically, we know little about how race-based traumatic stressors, including those affecting one's own group (COVID-19 anti-Asian discrimination), as well as those targeting other groups (police brutality against Black Americans) are subjectively experienced by Asian Americans, whose racialization as both 'model minorities' and disease-carrying 'perpetual foreigners,' demonstrate their precarious racial positioning between Whiteness and Blackness."

Interesting article exploring complex relationships and divisions within the API community:
<https://www.nbcnews.com/news/asian-america/who-are-asian-americans-still-voting-trump-spite-his-china-n1244849>

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[Asian Pacific Policy & Planning Council – Links to Recent Articles](#)

[Los Angeles County Launches 'United Against Hate Week'](#)

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[Officials report surge in hate crimes against Asian-American Pacific Islander community](#)

The American River Current 12.2.20

[Six Buddhist Temples Vandalized Near Los Angeles Investigated as Hate Crimes](#)

Buddhist Door Global 12.1.20

[SF State professor fights back against COVID-related Asian discrimination](#)

Golden Gate Express 11.27.20

[Leaders, researchers discuss outreach, advocacy of AAPI electorate beyond 2020](#)

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[Sacramento's Top Health Official Refers To Asian Americans As 'Yellow Folks'](#)

[Sacramento Bee](#) 11.17.20

[FBI Reports Unprecedented Level of Hate Crimes in 2019: Indian Americans Remain Vulnerable to Attacks](#)

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[FBI: Hate Crimes at 'Highest Level in More Than a Decade'](#)

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[What we know about who Asian American voters supported in the election](#)

[Vox](#) 11.14.20

[Asian American businesses are facing racist obstacles driven by the COVID-19 pandemic. They need our support.](#)

[Business Insider](#) 11.14.20

[Andrew Yang 'surprised and disappointed' that more Asian American voters didn't renounce Trump](#)

[Yahoo Finance](#) 11.12.20

[UCLA centers release digital map that collects, reports data on hate crimes](#)

[Daily Bruin](#) 11.11.20

[DC police investigating 'suspected hate crime' in Dupont Circle tea shop; suspect yelled 'COVID-19' and 'Chinese'](#)

[WUSA 9](#) 11.10.20

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[Stop AAPI Hate Reacts To Biden Win](#)

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[As election season comes to a close, LA community leaders stand against anti-AAPI hate](#)

[Asian Journal](#) 11.4.20

[What It's Like For Asian American Candidates During A Pandemic Marked By Racism](#)

[NPR](#) 11.1.20

[Interactive map will crowdsource hate crime reports](#)

[UCLA Newsroom](#) 10.29.20

[Students, faculty attend webinar addressing Asian American discrimination and COVID-19](#)

[The Temple News](#) 10.27.20

[Who are the Asian Americans still voting for Trump in spite of his 'China virus' rhetoric?](#)

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[Netflix's 'Over the Moon' Is The Perfect Film To Help Kids Combat Anti-Asian Racism](#)

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['Stop AAPI Hate' Singles Out Trump, Republicans for Anti-Asian Discrimination and Attacks](#)

[The Davis Vanguard](#) 10.24.20

[There were zero mentions of anti-Asian racism at the final debate](#)

[The American Independent](#) 10.23.20

[Why 'Over the Moon' is the film my son and I desperately needed](#)

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['KEEP AMERICA WITHOUT ASIANS': MOTHER GETS RACIST LETTER, HAS HOME VANDALIZED IN SAN FRANCISCO](#)

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[Trump is to blame for the 2,700 racist attacks on Asians in the US since March](#)

[The American Independent](#) 10.22.20

[New Facebook ads tell voters which lawmakers voted against denouncing Asian racism](#)

[NBC News](#) 10.21.20

Asian Americans in San Francisco are dying at alarming rates from COVID-19: Racism is to blame

USA Today 10.21.20

Asian American Groups Cite Continuing COVID-Related Racism as Election Nears

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After Trump's Covid-19 diagnosis, anti-Asian tweets and conspiracies rose 85%: report

NBC News 10.15.20

Trump 'seemingly legitimizing' the rise in hate crimes against Asian Americans, according to a UN report

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ADL finds 85% jump in anti-Asian rhetoric and conspiracy theories on Twitter after Trump got coronavirus

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Kamala Harris and a history of trying to define 'Asian American'

NBC News 10.6.20

1 in 4 young Asian Americans experienced anti-Asian hate amid COVID-19

Fox 11 10.5.20

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Anti-Asian bias rose after media, officials used 'China virus,' report shows

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Asian Americans call out Republicans who opposed anti-racism measure

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New reports show rising racism against Asian American youth

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Presidential election proves a nail-biter for those caught in crossfire of US-China rivalry

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Asian American youth report anger, sadness and fear over surge in racist behavior

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Asian American Students Face Bullying Over COVID

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NYPD creates Asian Hate Crimes Task Force after spike in verbal, physical assaults amid pandemic

USA Today 8.19.20

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Residents rally in wake of post office hate incident

Los Altos Town Crier 8.5.20

COVID-19 and the surge in anti-Asian hate crimes

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Asian Americans face dual challenges: Surging unemployment and racism

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The COVID-19 watch list grows

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'You started the corona!' As anti-Asian hate incidents explode, climbing past 800, activists push for aid

Los Angeles Times 7.5.20

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Newsmax 7.5.20

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I don't scare easily, but COVID-19 virus of hate has me terrified
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